

THE KIRKWOOD SUMMER CHALLENGE



Do your own 74 challenge!

Why not join the fun and create your own fundraising event for The Kirkwood, with the theme of 74...

74 mile challenge - on your bike, on foot, or how's about in a wheelbarrow? 74 cupcakes baked and sold... 74 sheep sheared... a 74 person conga around town... or maybe even 74 minutes sat in a bath of beans...

Anything goes this summer!

The Kirkwood Summer Challenge runs for **74 days**, starting Wednesday 10th July and finishes on the last day of Helen & Keith's epic Kirklees Way walk, on Sunday 22nd September.

We've medals waiting for everyone who takes part in any event to help raise funds!

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THEKIRKWOOD.ORG.UK

The Kirkwood is a Registered Charity (No. 512897)



YOUR WAY

THE KIRKWOOD SUMMER CHALLENGE



SUPPORT
LIFE

YOUR WAY

The Kirkwood

Through thick and thin, giant hugs and bottomless mugs, The Kirkwood Support Life for anyone affected by a life limiting illness. They focus on what matters to people. They take time to understand their needs and aspirations. And they work tirelessly to support them to achieve their goals.

Keith and Helen's Story

Keith and Helen are long-term volunteers with The Kirkwood. Last year Keith was doing a sponsored walk for The Kirkwood which was interrupted when Helen had a heart attack. She had a triple bypass. Since then they have decided to celebrate her recovery by doing a joint long-distance fundraising walk for The Kirkwood.

Keith & Helen have chosen the Kirklees Way - 74 miles around Kirklees with The Kirkwood at its heart.

They are currently training and exploring the walk in readiness for their event in September - 14th - 22nd. 74 also links to Helen's birthday which she will actually celebrate during the walk. They would love individuals, families, businesses and groups to get involved in The Kirkwood 74 campaign which is going to run alongside. Medals will be available for every individual or team who takes part and helps raise some funds. We so appreciate every single contribution to help The Kirkwood carry on Supporting Life across Kirklees.

How to support:

1

Join Helen & Keith on their Kirklees Way walk.

Join the walk for an hour, a day, or all 9 days! Scan the QR code for more event information and to get in touch

2

Sponsor Helen & Keith for their Kirklees Way walk.

Simply scan the QR opposite to donate...

3

Organise your own 74 Summer Challenge.

Join in the fun - see overleaf for full details!

